



ADRIAN HIGH SCHOOL ATHLETIC CODE OF CONDUCT

Basic Philosophy

Students and coaches are concerned that reasonable rules are initiated for a healthy and orderly environment to conduct a successful sports program. Maintaining a consistent policy that helps our athletes understand the standards of behavior expected as an Adrian High School representative is essential. Adrian Public Schools views sports participation as a privilege, not a right. The athletic code of conduct applies to athletes 24 hours a day, 365 days a year.

Student conduct and discipline fall into two distinct categories: Adrian High School Athletic Department policy and regulations and individual team rules and regulations. Teams may set standards above the code of conduct with the approval of the Athletic Director and clear communication with the athletes and families.

ATHLETIC DEPARTMENT RULES AND REGULATIONS

- A. A valid physical examination form (given after April 15th of the previous school year) and completed final forms account with parental/guardian & athlete signatures must be on file before tryouts or first practice session.
- B. The athlete is expected to adhere to all rules and guidelines established by the Michigan High School Athletic Association (M.H.S.A.A.) and Adrian Public Schools. He/she is expected to conduct himself/herself in a manner consistent with the Adrian Athletic Department and promote a positive image of Adrian Public Schools. Evidence of unacceptable behavior will be dealt with by the coach and the Athletic Director.
- C. Academic Eligibility – Per M.H.S.A.A. guidelines, the student must pass 66% (4 out of 6) to be considered eligible at the conclusion of the trimester
 - Weekly Eligibility Adrian High School student-athletes must pass/be passing 100% (6 out of 6) of their classes (60%/D-minimum) to be eligible for athletics. Weekly grade checks will begin four weeks after each trimester/semester starts. If a student-athlete is not passing 6 out of 6 of their classes, the following guidelines will be used:
 - 1st occurrence – Probation – Student-athletes can still practice and compete in contests but must have all passing grades by the following Monday.
 - 2nd occurrence – Ineligible – Student-athletes can still practice but cannot compete in contests for the entire week & students may not be dismissed early from class for team travel.
 - 3rd occurrence - Ineligible – Student-athletes can still practice but cannot compete in contests for the entire week & students may not be dismissed early from class for team travel.
 - 4th occurrence – Ineligible – A meeting with the Athletic Director, coach, parent or guardian & athlete will be set to establish a plan for the student athlete's success.
- D. Team Travel – All members of the athletic teams will travel to and from contests with the team in transportation provided by Adrian Public Schools unless previously arranged with the Athletic Director. A written letter or email to the Athletic Director is mandatory if this should arise. An athlete never has permission to ride with anyone other than a parent/guardian unless previously arranged with the Athletic Director.
- E. Vacations – Athletes accompanying parents and/or guardians on family vacations during school vacation periods are excused. Athletes who accompany parents and or guardians on trips due to extenuating circumstances and which occur during the school year at times other than school vacation periods must meet with the Athletic Director as to whether the absence will be excused or unexcused. Athletes who plan not to accompany their parents and/or guardians on vacation during school vacation periods but have parent and/or guardian approval must meet with the Athletic Director as to whether the absence will be excused or unexcused. Regarding the absences, as mentioned earlier, the athlete's status on the team will be affected per the coach's discretion and approval of the Athletic Director.
- F. Quitting – If a student-athlete quits on their coach, team, and teammates during the Season (after making the team), they will sit out the next Season of a sport they have previously played in high school. If a student-athlete leaves a team properly by meeting with the coach, athletic director, and parents, the above penalty can be waived.
- G. Expectations- Student-athletes are expected always to be a positive representative of Adrian Schools. Their position as a school representative naturally places them in the position of role models, and their conduct should reflect this position.
- H. Major Offenses – The district reserves the right to suspend any athlete charged with a crime from participation according to the discipline procedures set forth below. The length of the suspension will be based on the severity of the crime and the preponderance of evidence available to school officials based on charges from the court system. School officials will also assess actions by an athlete that may threaten the safety of other student-athletes to determine if removal from the team is warranted.



Offenses that are unacceptable for athletes include but are not limited to:

1. Theft or involvement in any crime
2. Use, possession, or distribution of tobacco, alcohol, or illegal drugs is prohibited. This includes steroids, unauthorized medicines, narcotics, or look-alikes.
3. Other offenses: any offense that involves the disregard for the rights of other team members, coaches, faculty or school personnel, or property will be evaluated by the Athletic Director.

DISCIPLINARY PROCEDURES

Any athlete involved in a major offense will be subject to the following disciplinary action. Based on the severity of the offense, the administration reserves the right to increase the level of discipline outlined below up to removal from the team. If an athlete self-reports the offense to administration, the discipline may be reduced by 50% per the severity of the infraction.

- A. First Offense – The first offense will result in $\frac{1}{5}$ (20%) season suspension from competition. An appointment with a chemical health coordinator and a satisfactory evaluation to be determined by them must follow when applicable. Athletes will continue practicing with the team during this period but cannot dress, play, travel, or be involved during the contests.
- B. Second Offense
 1. In Season – will result in $\frac{1}{2}$ (50%) season suspension from competition. An appointment with a chemical health coordinator and a satisfactory evaluation to be determined by them must follow when applicable. Athletes will continue practicing with the team during this period but cannot dress, play, travel, or be involved during the contests.
 2. Out of Season – Compatible suspension from the next Season; the student was last enrolled the previous year. They will also be suspended for any season preceding that sports season.
 3. When applicable, The athlete must also complete a substance abuse assessment program. This program must be coordinated with Adrian High School's administration. All costs will be the responsibility of the athlete.
- C. Third and Subsequent Offenses – Suspension of all sports for one calendar year and completion of a substance abuse program, when applicable, acceptable by Adrian High School.

GUIDELINES FOR MAJOR OFFENSES

- A. The Athletic Director will contact the parents of any athlete suspended in writing, describing the incident and subsequent action taken.
- B. Any athlete who is at the scene where alcoholic beverages, narcotics, or other behavior-altering drugs are present is subject to disciplinary action.
- C. During periods of suspension, attendance at practice will be determined by the coach and Athletic Director.
- D. The number of offenses is cumulative during the total high school career.
- E. Failure to complete the rehabilitative program or to attend practices during the suspension period will result in removal from the team for the remainder of the Season.
- F. The rehabilitative program must be fulfilled before joining another sport.
- G. All disciplinary action may be appealed to the Principal.

TEAM REGULATIONS

Team regulations can be identified as guidelines involving infractions applicable to a specific sport. The Head coach, with approval and input from the Athletic Director, will be responsible for the content of such rules. It is essential to recognize the varying nature of each sport while still maintaining a consistent philosophy of dealing with violations. A copy of individual regulations must be provided to team members, and a copy on file before participation begins.

- A. Team Attendance – An unexcused absence is an absence not approved by the coach or Athletic Director
 1. 1st Offense: $\frac{1}{4}$ of a contest suspension
 2. 2nd Offense: $\frac{1}{2}$ of a contest suspension
 3. 3rd Offense: 1 full game suspension
 4. 4th Offense: Subject to removal from the team per a meeting with A.D., Coach, Player, & Guardians.
- B. School Attendance
 1. Unexcused Absence – (one class) – Any athlete that has an unexcused absence from school may not participate in a practice or contest on that day or the day is discovered by the Attendance Office.
 2. Excused Absence – An athlete with an excused absence is eligible for the next practice or contest. He/she must attend school for at least 3 hours on the day he/she competes. Special consideration may be granted by the Athletic Director if appropriate.
- C. School Behavior – It is the philosophy at Adrian High School that athletes establish an exemplary image regarding school behavior. An athlete who receives a disciplinary referral will be disciplined by his/her coach. Any athlete who receives three disciplinary referrals will be suspended for one contest.

INSURANCE



The Adrian Board of Education provides supplemental insurance at no cost to the student in the event of a school-related accident/injury. This insurance will cover expenses not covered by an athlete's family policy. However, all claims must first be submitted to the family insurance company.

It is the responsibility of the athlete and the parents to complete the insurance form and submit the claims. If you have questions, you can get information from the Athletic Department.

ACKNOWLEDGEMENT OF CODE OF CONDUCT

When you sign the physical form, you also signify that you have read and agree to comply with the Adrian High School Athletic Code of Conduct and the athletic policies set forth by the Michigan High School Athletic Association. You may keep this copy of the Code of Conduct for your records.

APPEAL PROCESS

A hearing shall be granted upon the request of the athlete or parent and/or guardian in cases involving suspension from interscholastic athletic activities. A student-athlete has the right to file an appeal for a suspension. The appeal shall be made to the Building Principal by submitting a written request no later than five school days after receipt of the suspension.

Hearing findings or procedures may be appealed by the parent to the Superintendent by submitting a written request to the building principal no later than five school days after the appeal has been made.